

Health Club - Menu

Work-out room

Our fitness room is fully equipped with the latest hi-tech machines such as treadmills, steppers, cross trainers, bicycles.

FREE of charge for guests in house.

Sauna, Steam Room and Jacuzzi

Body Scrubs

The scrub treatment is made with natural ingredients and extraordinary combinations of:

- Fresh fruits & Yoghurt • Sea Salt & Olive Oil • Coconut & Sugar cane crystals, gently buffing aging skin cells.

Aroma Massage

A natural way of healing body and mind through the application of pure essential oils, which relieves tension and improves blood circulation, helps to rejuvenate the body, removing aches and pains and generally promoting balanced, good health.

Swedish Massage

Swedish massage is specifically designed to relax muscles by applying deep pressure to muscles and bones. Blood flow is enhanced and helps to rid the muscles of toxins. This massage technique helps to reduce tension, to improve relaxation, to sooth sore muscles and increase blood circulation.

Classic Massage

Promotes general relaxation using local aromatic oils, improves the blood circulation and soothes the muscles to give you this overall feeling of well-being.

Facial Treatment with Dead Sea Mud Mask

The treatment starts with a soft facial scrub, followed by a light relaxing massage and ends up with a Dead Sea Mud Mask to reduce the appearance of fine lines and wrinkles.

Foot Reflexology

Treatment to help relieve stress and muscular tension, to improve blood supply and circulation, unblocking of the energy/nerve pathways through the feet.

Thai Massage

Using a broad range of techniques of acupressure, reflexology, facilitated yoga, assisted stretching, deep rhythmic compression and rocking movements to improve body immunity, stimulate blood and lymph circulation.

Thai Medical Massage

Massage by using special Thai oils which eases the muscular areas, permitting easy manipulation. It goes deep into the muscular and tissues areas to make joints and tendons supple.

Underwater Massage Bath

This specialized treatment performed in the hydrotherapy tub has many benefits. It increases the lymphatic circulation, reduces water retention and soothes sore or tight muscles.

Body Treatment Packages

Jolie Ville Treatment

(Aroma Bath, Foot Reflexology, Swedish Massage)

Wellness Massage Mix

(Underwater Massage, Body Scrub, Facial Treatment)

Beauty Massage Mix

(Body Scrub, Aromatherapy, Facial Treatment)

Offer for Couples:

Aromatherapy x 2

Swedish Massage 50min x 2

Thai 50min Massage x 2

Visitors

LE 30.00

90min

LE 50.00

25min

LE 270.00

50min

LE 450.00

50min

LE 500.00

50min

LE 450.00

30min

LE 370.00

30min

LE 420.00

30min

LE 400.00

50min

LE 550.00

50min

LE 600.00

30min

LE 300.00

LE 750.00

LE 750.00

LE 850.00

LE 850.00

LE 950.00

LE 1050.00

On the days you have one of the mentioned treatments, you are entitled of FREE use of the sauna and steam room

For reservations please contact Ext. 58